

# Snowflake Shakes

## What You'll Need:

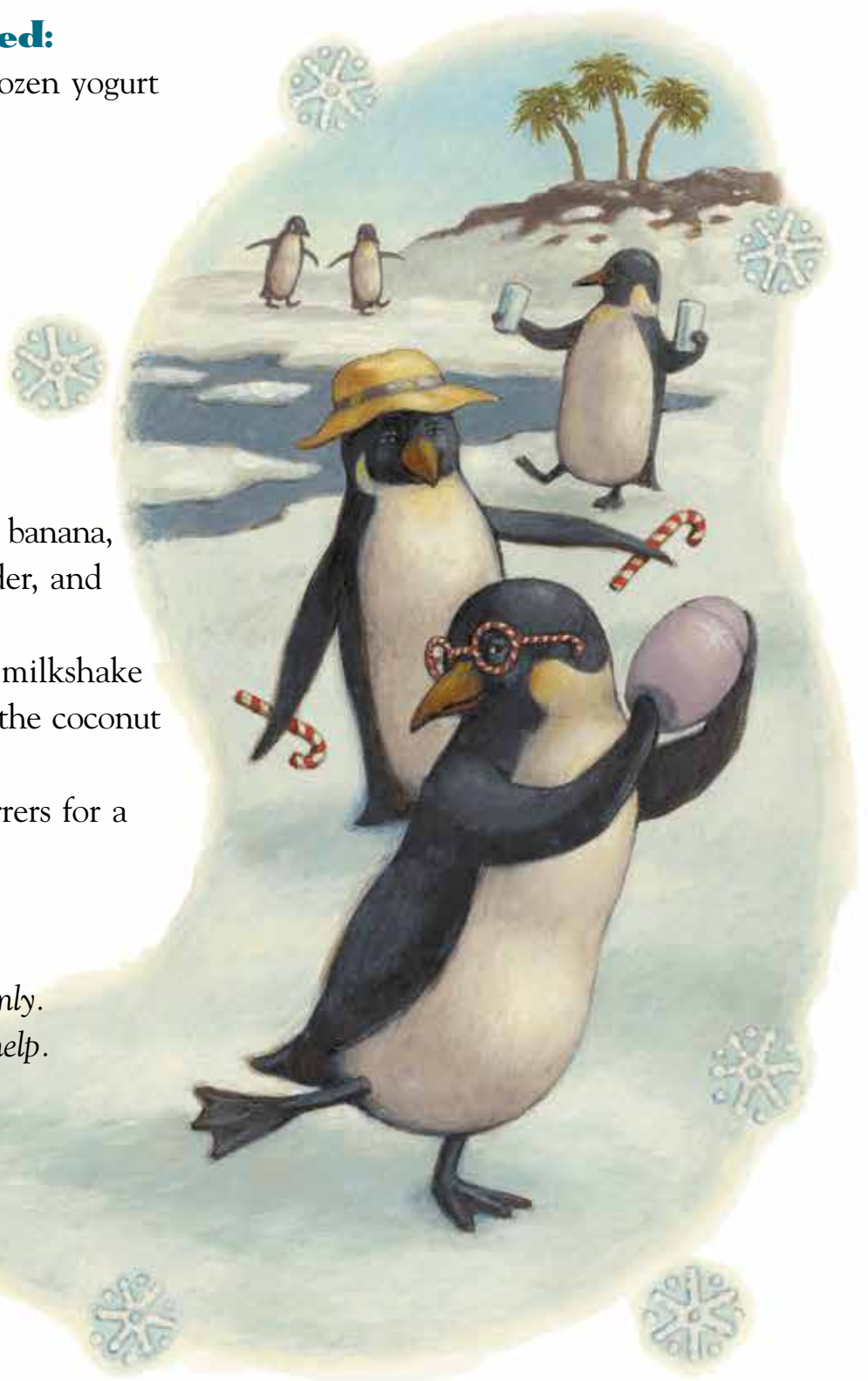
- 1 cup nonfat vanilla frozen yogurt
  - 1 cup skim milk
  - 1 banana
  - 1 cup crushed ice
  - shredded coconut
  - candy canes
  - blender\*
- 2 large glasses

## What to Do:

1. Put the yogurt, milk, banana, and ice in the blender, and mix until frothy.
2. Pour into two large milkshake glasses, and sprinkle the coconut on top.
3. Add candy cane stirrers for a festive touch.

## Serves two.

*\*Blender for adult use only.  
Please ask an adult for help.*



by Keely Parrack  
Art by Renée Graef