



Miro's Magnificent Muffins

Art by Omar Rayyan

MAKE THESE MUFFINS to show Mom or Dad how much you appreciate all they do for you.

What You'll Need:

- $\frac{3}{4}$ cup all-purpose flour
- $\frac{3}{4}$ cup whole-wheat flour
- 2 teaspoons baking powder
- $\frac{3}{4}$ teaspoon baking soda
- $\frac{1}{2}$ teaspoon salt
- $\frac{1}{3}$ cup honey
- 1 egg
- $\frac{3}{4}$ cup buttermilk
- $\frac{1}{4}$ cup vegetable oil
- 1 teaspoon vanilla
- 1 cup blueberries (fresh or frozen)
- cupcake papers
- muffin tin
- measuring cups and spoons
- 2 mixing bowls
- long-handled spoon
- wire rack

What to Do:

1. Preheat oven to 375°F and line muffin tin with cupcake papers.
2. Combine all dry ingredients in a medium bowl and stir until thoroughly mixed.
3. In a second bowl, combine wet ingredients and stir until thoroughly blended.
4. Pour dry mixture into wet and stir together just until blended. Stir in blueberries.
5. Spoon batter into each cupcake paper until it's $\frac{3}{4}$ full.
6. With oven mitts, place muffin tin in center of oven and bake muffins for 15-20 minutes.
7. With the help of an adult, remove the muffins from the oven. Place the hot pan on a wire rack to cool for about 15 minutes. Makes about 10-12 muffins.

To add a crumbly, yummy topping, mix together the following ingredients in a small bowl with a fork and sprinkle some onto each muffin before baking.

- $\frac{1}{4}$ cup brown sugar
- $\frac{1}{4}$ cup flour
- 2 tablespoons butter
- $\frac{1}{2}$ teaspoon cinnamon
- $\frac{1}{4}$ teaspoon nutmeg

