

OPHELIA'S LAST WORD

Sailor's Valentine

IN THE 1800s, sailors spent many months at sea. When they got back, they liked to bring home special gifts from across the ocean. One popular gift was a "sailor's valentine," a wooden box filled with seashells arranged in an intricate pattern. Historians think these valentines were made by women on the island of Barbados. They created hearts, flowers, and words with shells. Make your own sailor's valentine to give to someone special!

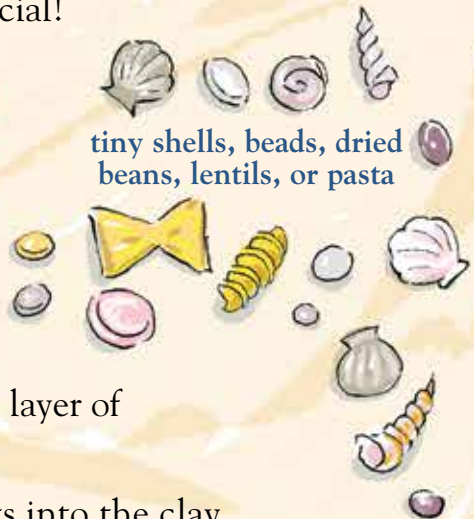
What You'll Need:

metal or plastic lid from a cookie tin, margarine tub, etc.



modeling clay

tiny shells, beads, dried beans, lentils, or pasta



What to Do:

1. Cover the bottom of the lid with an even layer of modeling clay.
2. Press your shells, beads, and other objects into the clay. Try creating a picture, a pattern, or a special Valentine's Day message.

