

Heart-Shaped Egg

THIS VALENTINE'S DAY, show somebuggy you care by making them an egg in the shape of a heart.

WHAT YOU'LL NEED:



egg (extra-large is best)



pencil or pen with round edges



milk or juice carton (washed out)



scissors



two rubber bands



WHAT TO DO:

1. Cut out one side of the carton. Fold it in half lengthwise.
2. Ask an adult to help you hard-boil the egg. (Place the egg in a saucepan, cover with water, bring to a boil. Then cover the pan, turn off heat, and let sit for 5–10 minutes. Then run cool water over egg.)
3. While the hard-boiled egg is still warm, peel it and put it in the center of the folded carton side.
4. Put the pencil on top of the egg. Wrap rubber bands around both ends of the pencil and carton. Make the bands tight enough that the pencil pushes down on the egg.
5. Let it sit for 10 minutes, then take off rubber bands and pencil.
6. With an adult's help, try cutting the egg in half. Is the yolk heart-shaped, too?



I love zem with a leettle salt.

Cool! ...

The perfect Valentine's Day Snack.



To give to whom...?



I think we can all guess.



LOVE, OPHELIA