



ALASKA The Inuit of Alaska and Canada make a cold treat called *akutaq*. It is a fluffy whipped mix of fat, snow, and berries.



GERMANY Germans enjoy an amusing dessert called *spaghettiis*: vanilla ice cream pressed through a pasta maker and topped with strawberry sauce, so it looks like a plate of spaghetti.



MEXICO In Mexico, cool off with a refreshing *paleta*, a fruit popsicle with real chunks of fruit frozen in it. You can buy one from a *paletero*, a street vendor who sells ice cream from a cart or bike.

USA Ice cream is America's most popular dessert. And what's the most popular flavor? Chocolate, with vanilla a close second.



ECUADOR In summer, Ecuadorians enjoy cold *helados de paila*, a fruit sorbet made by spinning a pan filled with fruit, sugar, and cream in a bed of ice.

AFRICA Ice cream is a favorite after-school treat for kids in Benin too.



Clearly, we need to go exploring!



Ice Cream

Around the World

How many different kinds of ice cream are there? Every country has their own favorite recipes.





ITALY

Italians love *gelato*, a creamy ice cream that comes in many flavors. Traditionally it's made in small batches and served fresh and slightly soft.



RUSSIA Russian *plombir* is a frozen custard with lots of eggs and cream to make it thick and rich.



JAPAN In the 1990s, a Japanese-American chef filled traditional chewy rice cakes (called *mochi*) with ice cream instead of bean paste. They were a big hit. Green tea and fruit are popular flavors.

INDIA A favorite holiday treat in India is *kulfi*, spiced ice cream frozen inside a metal tube sunk in snow.



TURKEY Turks add powdered tree gum for a chewy ice cream called *dondurma* that takes a long time to melt.



THAILAND A fun Thai treat is rolled ice cream, or *I Tim Pad*. Ice cream mix is poured on a super-cold metal sheet, then scraped into rolls as it hardens.



PHILIPPINES *Sorbetes* is fruit-flavored ice cream made with water buffalo or coconut milk, thickened with tapioca flour. Often it is served on bread instead of a cone.



MIDDLE EAST Since ancient times, people in India and the Middle East have enjoyed *sharbat*, frosty drinks made with snow, honey, and fruit juice.



I think we need a bigger boat.

